Empowering disabled and disadvantaged children and adults in Nepal

Empowering Tomorrow: A Call to Help New Futures Nepal's Adult Supported-Living Accommodation Project

New Futures Nepal is proud to announce its commitment to proceed with a transformative £100,000 building project. A custom-built residential facility situated on Hope Centre land, Kathmandu, and designed to comfortably accommodate up to six adults with disabilities as well as a member of support staff and their family. The meticulous planning, design, and approval stages of this endeavour have been successfully accomplished. Now, our focus is set on the forthcoming nine-month building and commissioning phases, scheduled to commence in early 2024.



Ground Floor: Supported-living accommodation (3 bedrooms, kitchen/dining area, open-plan wet-room, bathroom, veranda). First Floor: Support staff accommodation (2 bedrooms, living area, kitchen/dining area, bathroom, terrace).



This visionary project harmonises seamlessly with our organisational ethos, as it resonates profoundly with our mission to provide comprehensive support to individuals with disabilities during their transition to full integration into the community. In essence, it represents a sustainable solution to the multifaceted challenges they encounter at this crucial juncture in their lives.

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The establishment of this design-led facility is poised to yield significant benefits. Not only will it safeguard the well-being of our residents, ensuring that their unique needs are met with the utmost care and dedication, but it will also serve as a beacon of New Futures Nepal's unwavering commitment to compassionate care and social responsibility.

To bring this monumental undertaking to fruition, New Futures Nepal earnestly seeks funding support from both individual and corporate donors. We wholeheartedly believe that by uniting in purpose, we can collectively elevate the quality of life for these remarkable individuals and demonstrate the power of positive change. Your contribution will be instrumental in actualizing this transformative vision.

Join us in shaping a future that embraces diversity, fosters empowerment, and celebrates inclusivity. Together, we can pave the way for a brighter tomorrow.

1. Introduction and Background:

New Futures Nepal is committed to supporting the well-being and development of individuals who have been under the care of the Hope Centre. The Hope Centre has successfully provided care, education, and support to children and young adults with differing abilities. However, the transition to adulthood poses significant challenges, as legal requirements necessitate individuals to leave children's homes between the ages of 16-18. Many of the Hope Centre's residents are unable to live independently due to their different abilities, requiring ongoing care and support.

2. Problem Statement

The current situation exposes a critical gap in the support provided to five of Hope Centre's residents with disabilities upon reaching adulthood. There is a lack of suitable accommodation and resources in Nepal for adults with differing abilities who cannot live independently and lack family support. This gap leaves these individuals at risk of being forced to leave the centre or being placed in unsuitable living conditions, jeopardising their overall well-being and future prospects.

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3. Justification for Building Project

3.1 Limited Resources for Adults with Disabilities:

As of 2019, only one residential adult care home for adults with disabilities exists in the area, and it is not equipped to meet the needs of the Hope Centre's young adults. There is a pressing need to create a more suitable and accommodating environment that aligns with the requirements of differently-abled individuals transitioning to adulthood.

3.2 Integration into the Community:

Contemporary social care principles emphasise the importance of smaller, homely units that facilitate the integration of young adults with differing abilities into the community. The proposed residential facility will enable these young adults to participate in various activities such as attending college, vocational training, day centres, and even employment, while receiving the essential support and care they require.

3.3 Custom-Built Accessible Facility:

Building on the land owned by the Hope Centre proves to be the most cost-effective solution. This approach circumvents the high cost of land purchase and provides the opportunity to create a purpose-built facility that caters to the specific needs of residents with disabilities. Accessibility is paramount for individuals with differing abilities, and the proposed facility will be designed to meet their unique requirements.

3.4 Maintenance of Supportive Relationships:

The proposed residential facility will allow the young adults to maintain the valuable relationships they have formed within the Hope Centre family. Continuity of care and a familiar environment can significantly contribute to the overall well-being of these individuals as they navigate the challenges of adulthood.

4. Benefits and Expected Outcomes

4.1 Enhanced Well-being and Quality of Life:

The establishment of a custom-built residential facility will provide a secure and comfortable living environment for individuals with differing abilities. This will positively impact their overall well-being and quality of life by ensuring they receive the necessary care, support, and independence they deserve.

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4.2 Compliance with Legal and Ethical Standards:

By creating a supportive environment for young adults who cannot live independently due to their different abilities, New Futures Nepal demonstrates its commitment to ethical care practices and adheres to legal requirements regarding the transition of individuals from children's homes to adulthood.

4.3 Integration and Community Engagement:

The smaller, homely units will foster integration and community engagement for the residents with differing abilities. This approach aligns with contemporary social care principles, promoting independence and participation in community life.

5. Financial Considerations

Building on Hope Centre land is financially prudent, as it eliminates the high cost of land acquisition and provides a tailored solution to the specific needs of residents with differing abilities. The long-term cost-effectiveness of the project is further enhanced by avoiding the uncertainties associated with renting unsuitable accommodations.

6. Conclusion

The establishment of a custom-built residential facility for residents with differing abilities transitioning to adulthood is a vital initiative that addresses the significant gaps in support and accommodation. By ensuring continuity of care, compliance with legal and ethical standards, and promoting integration into the community, New Futures Nepal will empower these individuals to lead fulfilling lives as active and valued members of society.

