

NEW FUTURES NEPAL

Registered Charity No 1142984



Annual Report 2012



Empowering disadvantaged children and adults of Nepal

Chairman's Statement



Hello and namastey. Have you noticed the changes to our front page: the special anniversary logo and the new strap line? Next year is our tenth birthday and we would love to be able to say we had raised £1,000,000 in those ten years. I hope you can help by donating (your Christmas present?), by sponsoring a child, by

organising an event or by spreading the word about our work and achievements.

There has been lots going on this year starting with a planning meeting in February at which we re-affirmed our objectives and agreed plans for the next few years. In March we had our annual get together in Coalbrookdale with more people than ever attending. It was a fun event and thanks to all who made it happen. I hope you come in great numbers to next year's weekend event in Malvern. It will be our 10th anniversary celebration and it promises to be the biggest ever.

In April we changed our legal status and became a charity limited by guarantee. You can read more about that in the financial report but I assure you that nothing has changed as far as the security of your funds is concerned. The change has given the charity more flexibility and better protection for trustees.

Late last year (too late to tell you about in the 2011 Report) we concluded the funding of a land purchase in Kalimpong. There was a need to find alternative accommodation as the current rented home, Hornbeam House, was under threat of re-location at the end of this year. Happily, the landlady has now changed her plans and we have renewed the lease on the existing home until the end of 2014. The land has been secured by high fencing and at the moment is being used to store wood and grow vegetables for the children at Hornbeam House and Hope Family Trust. We are in the early stages of assessing the need in the area before plans are made as to the use of the land. This is an exciting long term project.

In May we were thrilled to welcome Sir Chris Bonnington as a Patron of the charity. His words were 'that he was honoured to become our patron'. Kind words from this world famous mountaineer.

Fund raising has been steady with trustees and supporters raising funds by giving talks and making presentations, holding art sales, open days and challenge events. We have welcomed many new

children this year and they all need sponsors. Regular donations are the backbone of the charity so please think about setting up a standing order for us.

We have also started a corporate scheme to enable businesses to support a young adult through their further education for a fixed period. You can read all about it inside and thanks are due to Adrian for putting his idea into practice. This is a great way for businesses to make philanthropic donations in a tax efficient manner.

A very successful event took place in May when a group of hardy folk trekked the West Highland Way raising funds for New Futures Nepal. The weather was awful a lot of the time but they braved it out and had great fun.

Our partnership with Thare Machi Education (TME) continues to grow and be mutually beneficial. During the last twelve months over 400 educational DVDs have been cut and distributed to our partners in Nepal and India. Through TME we have been introduced to Asha Nepal whose work rescuing trafficked girls, women and children is inspirational. Read about baby Samrat's chance for a better life on the following page.

We continue to look for opportunities to help and support disadvantaged Nepali people and one way in which we may move forward is with a day centre project in Kathmandu. Donal Gallagher has reported on this year's feasibility study inside. We also plan to fund more places for needy children in both Kathmandu and Kalimpong where both homes have long waiting lists. We are sincerely grateful to those volunteers and fund raisers who continue to offer us their help and support and to the many professionals and small businesses who work for free or at heavily discounted rates.

I will finish this report as I started it with a special plea to you all to do something extraordinary in the coming year. Try something different, sponsor a child, join us in Malvern or register for the 2013 trek – it could change your life. It will certainly help change a child's life and give them a chance of a better future.

We are all volunteers striving for the same end – to empower disadvantaged children and adults of Nepal by raising funds for initiatives that promote health, education and independence.

My sincere thanks to fellow trustees, loyal supporters, volunteers and all of you.

All good wishes for Christmas and 2013.

Lynne McCutcheon
Chairman and Trustee

P.S. On that subject we have printed our own stunning Christmas cards. Read about them inside and email trek@newfuturesnepal.org

The Hope Centre provides a home to five more children this year

When NFN began to support the Hope Centre, in 2002, the home was only able to support a total number of 10 children. Over the past ten years, with your continued support, NFN has been able to gradually increase the number of children supported by the home to a total of 26. This year the Hope Centre has provided a home to a brother and sister, Bina and Bishal, also to Sabina and an additional two disabled children will be joining the Hope Centre 'family' very soon. NFN now needs new sponsors to help fund these children's education; this can be done via our Sponsor a Child scheme.

Over the years we have seen four young people leave the home to commence further education and this will continue as

they mature and seek to find their own way in life. The Hope Centre will, as always, continue to be a part of their life and many of those who have previously left the home return for festivals, to seek advice and just to visit their 'family'. For example, Nirmala left the Hope Centre some years ago to continue her education but she often visits and is pleased to return the love and care she received by helping to care for Bal (a house parent) during his recent illness.

We particularly welcome those children joining the Hope Centre and wish those who are leaving, the best of luck in their future careers and life.

Financial Review - year end 31 March 2012

Summary of Financial Performance

Our income in this period was expected to be relatively lower when compared to 2011 because we didn't run a fundraising trek to Nepal. Setting that aside, our regular income increased by 2%, which, given the current economic climate, is really good news - thank you. As a salutary offset to this good news, inflation for some items in Nepal has risen to a staggering 20%.

Combining all of these, we needed to 'dip into our reserves' by approximately £17,500, which was necessary to be able to provide continued support for our projects at the Hope Centre and Hornbeam House. Our bank balance therefore dropped to approximately £126,000. Although this kind of action is unsustainable in the long term, we did forecast and plan for continued adverse effects from the recession. We still have in the region of two years of operational project costs held in reserves, which is more good news.

Change of Legal Status & Financial Year-End

This year we have changed our legal status. The main reason for changing our status was to protect the interests of the Trustees who, up to this point, were personally liable for the charity. New Futures Nepal is still a registered charity in England and Wales and our aims and objectives remain unchanged but we are now a company limited by guarantee, i.e. we are now officially known as "New Futures Nepal Limited".

Due to the change of status our charity number also needed to change and we have had to open a new bank account. Over time we will endeavour to contact all of our regular donors to ensure donations are 'landing' in the correct place and in the meantime we have an arrangement in place with the bank to transfer all funds across to the new account. As part of this change of status, we were advised that changing our financial year-end to 31st March would make more sense because it fits with the statutory returns we need to make to HM Revenue &

Customs. This means that in 2012 our accounts are for only eight months, i.e. from 1st August 2011 to 31st March 2012.

Risk Management

The charity operates internationally and therefore regularly transferring funds to Nepal and India. The Trustees have taken all possible steps to mitigate the risks involved in such transfers. Funds sent to Nepal are sent via Standard Chartered Bank, London, direct to their branch in Kathmandu. In Kathmandu the funds are paid to a registered Nepali charity – Disabled Welfare Association Nepal. This charity is audited annually by the Nepali Government and the Trustees are provided with a full set of accounts and audit report. The Trustees also conduct their own annual comprehensive checks of the books, vouchers and accounting records maintained by the members of the Disabled Welfare Association Nepal. Spot checks are made and payments traced from receipt into the bank to expenditure on agreed items such as school fees, food, medical care etc. Funds sent to India are subject to Indian Money Laundering Regulations which specify that foreign charities may only transfer funds to Indian charities licensed to receive foreign funds. New Futures Nepal transfers funds to The Hope Family Trust, Kalimpong in West Bengal. This charity is audited annually and again we receive a copy of the accounts and audit report. We also undertake our own annual comprehensive checks as for the Disabled Welfare Association Nepal.

Change of Treasurer

Finally, we'd like to say a big thank you to Paul Crook who has stepped down as Treasurer after 10 years. Paul has done a fantastic job in keeping us legal and compliant with accountants, auditors, HMRC and the Charity Commission. Much of the reason we have been able to sustain financial stability during our first 10 years is because of Paul's professional care and expertise. Paul remains a valued Trustee and will now be able to spend more of his time fundraising.

Baby Samrat joins the family at Hornbeam House

Samrat was born on 8th August 2011 in Kathmandu and joined Hornbeam House just a few days after his first birthday on 28th August 2012.

Samrat's mother is just 21 years but had been sold some years before as a human trafficking victim to a Hotel in India. She became pregnant and was lucky to be rescued by an organisation called Shakti Samuha (who work with Asha Nepal a partner of New Futures Nepal) who help victims of trafficking.

Samrat's mother has now started a new life in Northern India and due to the stigma attached to her past she cannot take care of Samrat. His mother has visited the home and has decided to allow him to have a chance in life by living in Hornbeam House and was happy to meet his new family and see that he will be well cared for. She will have no more contact with him. All of the children at Hornbeam House were very excited to have him join their family and made many preparations for him to arrive. They all help to look after him.



Samrat – a few days after arriving at Hornbeam House

STOP PRESS STOP PRESS STOP PRESS

One year on from the start of our partnership with Thare Machi Education (www.tme.org.uk), over 400 educational DVDs have been cut and distributed to our partners in Nepal and India and the number of fully produced lessons has doubled to six: Human Trafficking, Safer Sex for Teenagers, and TB Can Be Cured have been added. The number of translated scripts awaiting voiceover has also increased by eight: Becoming a Man,

Becoming a woman, Caring for Someone with AIDS, Having an HIV Test, HIV/AIDS A Guide for Children, How to Take Your HIV Medicine, Living With HIV, and Say No to Glue & Drugs. Tilak is tirelessly working on translating the scripts from English into Nepali so a special thank you to him. Thanks also to Bev and Steve at TME whose expertise and energy are the inspiration behind this project.

Kalimpong Earthquake

The September 2011 earthquake was a magnitude 6.9 (Mw) centred within the Kanchenjunga Conservation Area, near the border of Nepal and the Indian state of Sikkim. The earthquake was felt across north-eastern India, Nepal, Bhutan, Bangladesh and southern Tibet. At least 111 people were killed in the earthquake and many families lost their homes. Several remote villages around Kalimpong were particularly affected. New Futures Nepal were able to offer emergency relief with the result that three newly constructed houses in Kalimpong district, two at Shankhey village and one at Pashabung village, were inaugurated by Secretary Andrew Small in the summer of 2012. Our partner NGO in Kalimpong, Hope Family Trust, worked with the villagers in constructing these three houses which were massively damaged during the earthquake. The cost of rebuilding the three homes was approximately £3,000.



Feasibility of day care service

for children with disabilities - visit to Kathmandu by Helen and Paul Crook and Donal Gallagher

Children with disabilities in Nepal are much more likely to be absent from school and experience delays in their development than other children. These children, we know from the background of some of the children at the Hope Centre, can find themselves under-stimulated and segregated from their local community. The Nepali government signed up to the UN Convention on the Rights of Persons with Disabilities in 2008 but lacks resources to translate this into comprehensive supportive services and inclusive education for this group of children. That's not to say there are no centres that provide care and support. On our 9-day trip to Kathmandu we visited more than one service led by inspirational people providing excellent care. Our purpose was to understand better the nature of existing services, what gaps there are, what opportunities exist to develop a new service with a local organisation and what the cost of this might be.

Helen had carried out some important preliminary work and made contacts when she and Paul were in Nepal last November. She and I had then built on this, in the UK, establishing a long distance relationship with a working group in Kathmandu including Tilak, the manager of the Hope Centre. With this group we decided to hold a workshop early in our trip with established day services and disability organisations. We were also fortunate enough to have a representative of the relevant government department join us to enlighten us on the policies we should be aware of in scoping out this work.



As a development manager for a cancer charity, I took out experience of setting up local services. In the UK I work closely with the statutory provision of care and support. This sector is virtually non-existent in Nepal, for this group of children, other than in a minor way in state schools. As such, there is both a strong presence of international charities involved in children's work and, from our experience, an on-going willingness to make use of this overseas resource. We were encouraged in our work by national and local government officials we met, as well as by local non-governmental organisations. In spite of this appetite for new partnerships in Nepal, we were amazed at what could be achieved in a country with limited resources. We were also humbled by the willingness of some local families with a disabled child, who attend an existing excellent service, to meet with us as a group to share their experience and offer their suggestions as to what would improve their situation. This service user perspective was an incredibly powerful contribution to our visit.

We visited two areas in particular, which were suggested to us as places with little service provision. Confirming this, and the number of local disabled children, is not a precise science in Nepal as no current register of either exists.



We would have achieved much less without the invaluable local intelligence and translation skills of Tilak - with all due respect and admiration to Helen's Nepali! Whilst we have more to explore and uncover, with the help of our Kathmandu colleagues, we are well placed already to compile our report. We look forward to telling you more in due course.

Donal Gallagher

News from the Hope Centre and Hornbeam House



The children living in both the Hope Centre (Kathmandu) and Hornbeam house (Kalimpong) continue to flourish. Within both homes there is real family feel. The children view each other as brothers and sisters and help each other through any difficulties. This is particularly evident at the Hope Centre

where those who have no physical disabilities are very understanding, patient and readily help those with physical limitations. It's heartening to see, especially in a country where people who have disabilities are often marginalised and discriminated against.

Both homes continue to be run by Nepali staff and the children are brought up in their own culture, custom and religion. During our recent visit to Nepal, we were able to celebrate teachers' day with the children at the Hope Centre. One of the older children read a 'thank you' to us all as their guardians and role models.

As we approach our 10th anniversary year it is reassuring to see the increasing confidence, maturity, independence, improved health and future prospects of the young people and children NFN has supported over the years. This has been achieved by support from you and by the hard work and care of the managers and staff within both homes.

The Hope Centre welcomes new carer - Puja

The Hope Centre now has eight members of staff managing the home and caring for the children. Puja joined the Hope Centre in March 2012. She was specifically employed to care for two of the girls who have severe disabilities and need around the clock assistance and supervision. She lives within the centre and is able to see to their needs during the night, performs their physiotherapy and also accompanies them to their day centre. She has already formed a strong bond with both girls, and the other children, and is proving enormously helpful around the home.

Congratulations to Umesh!

Umesh joined the Hope Centre at 8 years old following the death of his grandfather who had cared for him since his parent's death. Umesh, who is physically disabled due to a mild form of cerebral palsy, has always made up for his physical difficulties through his academic abilities. Not only is he a skilful player of chess, he has also excelled throughout his school life in many subjects - especially in maths. We are pleased to announce that Umesh passed his School Leavers Certificate with flying colours, achieving a distinction! Umesh now plans to go on to college to study IT Engineering at college in Kathmandu. All our best wishes to Umesh for a successful future!

Education

The school year in Kalimpong begins in February and this year, with the exception of Angela, the children at Hornbeam House moved from Springdale Academy to Mount Carmel school in Kalimpong.

The reason for the change in schooling was to improve the children's education, as Mount Carmel has more facilities and more opportunities for study. Angela remained at Springdale as this was



her final year in class 12 and to move at this point would have been too disruptive. All the children have settled well into their new school, which was visited during the 2012 trustee audit.

The school year in Kathmandu begins in April and the majority of children at the Hope Centre continue to attend Vidya Byayam English High School, which is a 20 minute journey from the Hope Centre. Anita and Sapana attend Himshrinkhala Academy School as it is nearer the Hope Centre and easier for them to manage with their mobility problems.

Kumari and Pramila have started attending a day centre for disabled children in nearby Jorpati area. The centre is run by a non government organisation (NGO) called ABBS and uses multi-sensory developmental play techniques to stimulate the children. They attend with their carer Puja who can help them communicate and ensure their needs are continually met.

Children's Health

NFN continues to fund the health care of the children from routine vaccinations to medical interventions, for the children with disabilities, and emergency treatments as needed.



This year has seen a number of emergency treatments needed for some of the children and their carers. In Kalimpong, Arjun (the house 'father') suffered a cardiac emergency. Thankfully, he was able to access prompt treatment and is now recovered. Bal, a disabled carer and father figure in the Hope Centre, was also taken ill following a minor stroke. We are happy to report he has also made a good recovery following treatment and continued physiotherapy.

Earlier this year, Sabin who joined the Hope Centre in October 2011 suffered an unexpected perforated gastric ulcer. He was rushed to a local hospital where he received emergency surgery. He too has now made a full recovery and is very proud of his large scar as proof of his bravery.

More recently, in May, Sabina who joined the Hope Centre in April 2012 was taken ill and admitted to hospital with a fever, abdominal pain and cough. After tests she was found to be suffering from Pulmonary Tuberculosis (TB). With emergency funding from NFN Sabina commenced anti-tuberculosis treatment and was able to be discharged from hospital one week later.

Kumari and Pramila, severely disabled sisters who both joined the Hope centre in 2010, continue to astound us with their improvement. Both girls sadly are now thought to have a genetic neurodegenerative life limiting condition known as leukodystrophy and, as a result, have developmental delay and severe mobility problems. There is no cure for this condition therefore the focus of their care is on providing quality of life. The Hope Centre family help to ensure this in every way. To facilitate their care NFN has funded some specialist equipment and other items such as seating, in addition to a female carer, to help meet their specific care needs. Thanks to the support of NFN, these two girls are now certainly enjoying life!

Your support continues to make a difference to the lives of all the children at the Hope Centre and Hornbeam House.

Ways to raise money for New Futures Nepal

Corporate Donor Scheme Pilot for Further Education and Vocational Training

Corporate Donor Scheme Pilot for Further Education and Vocational Training

Back in early 2011 NFN decided it needed to look at ways of funding further education and vocational training for the young adults that were at, or near to, school leaving age in both the Hope Centre and Hornbeam House.

The challenge would be for all young adults to be able to support themselves, and future families, wherever possible through further educational and training requirements planned for and financed from additional revenue. But how? Funds are always hard to come by and with the world in recession this would be a tough task.

It was decided that an educational fund be set up that would actively seek corporate donations. All monies donated would be ring-fenced for the further educational and vocational training programme.

NFN would then utilise the fund to finance either further education or vocational training for the school leavers in a field of their choice. Tilak/Betty would have discussions with them, early in their last year of schooling, to determine what direction they wished to take giving NFN time to find a suitable vocational apprentice placement or training course.

Once the young adult was happy a placement or course had been found to suit, costs could be acquired and budgeted for from the

fund. The progression through the course or training would then be documented by both NFN and the pupil for general feedback to all donors. This information distributed on the educational & vocational achievements we hope will generate additional exposure for the charity and encourage further corporate donations.

Corporate donations are a very tax efficient way of charitable giving as companies can claim relief as long as the donation is a payment of money that is not a distribution of profit such as a dividend. The charity can also claim exemption from tax on company donations.

Office Problems Solved, one of our active members companies, kindly agreed to donate an amount for a pilot trial to put the scheme in motion. NFN had one school leaver at the time, Bimala, who wished to do a hotel management course.

Tilak enquired and found a suitable course in Kathmandu which Bimala decided she wished to complete. The course was residential over a two year period and Bimala adjusted to life outside the Hope Centre quickly. She is progressing well with only 6 months left until completion of the course.

NFN are looking to encourage further interest in the scheme from corporate donors. Anyone wishing for further information or wanting to express interest should email Adrian at admin@newfuturesnepal.org

Sir Chris Bonington CVO, CBE, DL - our new Patron

Sir Chris started climbing at the age of 16 in 1951. He is a world famous mountaineer, writer, photographer and lecturer. He made the first British ascent of the North Wall of the Eiger and led the expedition that made the first ascent of The South Face of Annapurna. He received a knighthood in 1996 for

services to mountaineering. In May 2012 hundreds of climbers greeted Sir Chris, now 77 years old, as he carried the Olympic flame up to the top of Snowdon. This was where he began his climbing career 61 years ago.

Raising Money for New Futures Nepal

West Highland Way Charity Trek

In May of this year a group of NFN supporters and trustees completed the 96 mile trek along the West Highland Way in Scotland. Their adventure began in Milngavie (north of Glasgow) and ended, six days later, at Fort William. The trek was organised by Ian Glassey of Charitytrek.co.uk with the assistance of the guide Richard Baird.

The route took in a variety of countryside, obviously involved the 'odd' hill, and there were awarding views of Loch Lomond en route as well as Ben Lomond – the most southerly of Scotland's Munros.

Despite the inclement weather the intrepid trekkers were helped along the way by some hearty Scottish meals and visits to distilleries!

The result of this fundraising event will help to improve the lives of many disadvantaged and disabled children and adults of Nepal.

Thames Challenge Walk

by Sam Blackwell

Sam is a youth worker for Zion United church in Frampton Cotterell. On 29th September this year he undertook the Thames Path Challenge walking the 100km (62 miles) from Putney Bridge in London, out through Hampton Court, Windsor and on to Henley-on-Thames.



Before he set off Sam said " I have never done anything like this before; in fact running the Sport Relief Mile back in March was my idea of real physical exertion, so it really is going to be a huge challenge. I have pledged to raise at least £300 for NFN which I know will be used to aid the great work that they do."

NFN would like to thank him and Zion church for their continued support for our projects in Nepal.

Coalbrookdale welcomed

New Futures Nepal Social Weekend

The New Futures Nepal 2012 social and AGM weekend has come and gone, and wow, what a weekend! We basked in the glorious late March sunshine, feasted on some sumptuous meals and were delighted to welcome both new and familiar faces. This year we hired the Coalbrookdale YHA near Ironbridge, in Shropshire, where more than 60 NFN supporters spent a superb weekend.

The traditional Saturday walk stretched about 11 miles this year; a ramble from the Coalbrookdale YHA to Much Wenlock and back. Our luncheon stop, in Much Wenlock, was the Talbot Inn which is looked after by Maggie and Mark Tennant. After being well fed and watered, those who continued with the second half of the walk passed by the Guildhall, the Priory Hall and ruins onto the open countryside finally crossing the world's first cast-iron bridge at Ironbridge itself.

On the Sunday morning, the Trustees provided a comprehensive overview of their recent visits to the Hope Centre and Hornbeam House. There was an update on the children (including a fabulous video clip of them singing and dancing), current and future projects and NFN volunteers recounted their recent experiences in Nepal.

Next year, 2013 will be NFN's 10th anniversary and a variety of fundraising efforts will be undertaken during this 'special' year. There will be two charity treks run back-to-back in October/November 2013 and plans are afoot for a 'splendiferous' AGM weekend next March! The point of these weekends is to allow you, our supporters, to meet people (other than the trustees) who have visited Nepal and met the children; who have talked to them, visited their home and seen them 'blossom' over the years of NFN involvement. You can find out exactly how your money is being spent and how your dedication to NFN is truly appreciated.

Other ways to Give

Text

You can text us a donation using **Text Giving**. Text **NFNG10** followed by the amount you wish to donate. i.e. **NFNG10 £10**. Send text to **70070** and answer the simple questions that follow. Donations up to maximum of £10 can be sent. (Minimum donation of £1 accepted).



Give as you Live for online shoppers



Sign up to www.giveasyoulive.com and thousands of major stores will donate money to New Futures Nepal every time you shop with them. Just nominate **New Futures Nepal** as your chosen charity and get shopping.

Recycling

Green Source Solutions in Bristol make a donation to New Futures Nepal when you recycle used ink cartridges, mobile phones etc. Check out our website for further details at www.newfuturesnepal.org.

JOIN US IN 2013 TO CELEBRATE NEW FUTURES NEPAL'S 10th ANNIVERSARY: 22 – 24 March 2013

Future Events

Don't delay - enrol today!

2013 Fundraising trek

In its anniversary year, NFN is running its third fundraising trek taking trekkers along the beautiful Tamang Heritage Trail (maximum altitude 3,300m). The Tamang Heritage Trail is a new trekking route developed to create tourism opportunities within the poor rural communities of this region. Trekkers will learn about the locals' culture and crafts, visit ancient monasteries and be able to bath in natural hot springs. The trip includes a guided tour of ancient Bhaktapur and a visit to meet the children and staff at the Hope Centre.

Due to the demand for places two identical treks are being undertaken. Both treks follow the same route along an ancient Nepalese and Tibetan trading route. One trek is now full but there are a few places available on the 16 - 27 October 2013 trek.

To obtain a booking form visit www.newfuturesnepal.org or if you require any advice regarding your application please email Tracey Burge, the trek organiser, at trek@newfuturesnepal.org

The 'Spring Weekend Away'

22nd – 24th March 2013

It might seem a long way away but the reality is that we are

already planning our ten year anniversary celebrations to take place on the dates above at St James College in Malvern, Worcestershire. Whilst details of the event are still a "work in progress", you can be guaranteed that the best of the last nine year's events and some new ideas are being worked on to create a fun packed weekend come rain (doubtful) or shine (all but guaranteed).

The college is in the middle of Malvern, opposite the railway station, and has all the facilities you would expect from a first class school; sporting facilities, swimming pool and a range of accommodation. NFN are 'taking over' the college for the weekend with the use of a bar and restaurant - should we so wish.

Andrew Small, Charles Barton and Nigel Macbeth are beginning to put the details together and all we need is you! So please contact Andrew at andrew@newfuturesnepal.org to guarantee your place and to be kept up to date with the plans as they unfold. Children are welcome as are all old and new friends.

Full details (including price) are yet to be confirmed but it promises to be a real cracker of a weekend – you would hate to be the one to miss it!

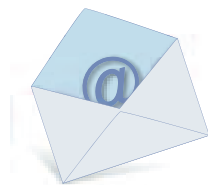
Get ready for Christmas and support NFN!

This year Christmas cards are available to buy in aid of NFN. The cards feature photos of Nepal taken by NFN supporters whilst on trek. Each pack contains 10 cards (five different scenes) and have been created by the charity, and social enterprise, Basics Plus.

Based in Scarborough, North Yorkshire, Basics Plus offer employment for adults with learning disabilities through a varied range of community projects one of which is their own print workshop. Fully qualified members of staff are there to help people develop their skills and talents, to understand working

practices and ethics and to learn what it means to be a member of a small workforce and take pride in their work. Over the past 18 years they have developed projects which benefit people with disabilities and also provide valued and much needed services and goods to the local community and further afield.

The team in the print workshop are a joy to behold as they efficiently fold and pack our Christmas cards chatting away happily to anyone who will listen! Each pack of NFN cards will cost £4.50. You can obtain the cards by emailing Tracey Burge at trek@newfuturesnepal.org.



If you would like to receive future communications by email and help us keep down our overheads, please notify your email address to: admin@newfuturesnepal.org

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We are always looking for volunteers to give of their time and skills in working for the charity. If you would like to help, please contact me, lynnemccutcheon@orange.fr, or any of the trustees whose contact details are shown above

New Futures Nepal Limited is a registered charity in England and Wales (1142984) and a company limited by guarantee registered in England No 7492988

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